

Offering nutritional food to Sangha!

Donation

First name: _____ Last name: _____

Telephone: _____ Email: _____

Address: _____

I would like to offer: ☒

1.

☐ 20 eggs + 20 Apples = HK\$40

☐ 40 eggs + 40 Apples = HK\$80

☐ 60 eggs + 60 Apples = HK\$120

☐ 80 eggs + 80 Apples = HK\$160

☐ 100 eggs + 100 Apples = HK\$200

☐ 200 eggs + 200 Apples = HK\$400

☐ 500 eggs + 500 Apples = HK\$1,000

☐ 1,000 eggs + 1,000 Apples = HK\$2,000

☐ 5,000 eggs + 5,000 Apples = HK\$10,000

☐ 10,000 eggs + 10,000 Apples = HK\$20,000



2.

☐ 1 year is HK\$ 288,000

☐ 6 months HK\$144,000

☐ 3 months HK\$72,000

☐ 1 month HK\$24,000

☐ 1 week HK\$6,000

Payment Method

☐ Cash ☐ Direct Debit (Hang Seng Bank: 232-2-076551)

☐ Cheque (payable to "Mahayana Buddhist Association Limited")

Total amount: _____



MAHAYANA BUDDHIST ASSOCIATION

A member of the Foundation for the Preservation of the Mahayana Tradition

Address: 3/F, Block A, 3 Lau Sin Street
Park View Mansion, North Point, Hong Kong
(MTR Exit A1 of Tin hau)

Tel: (852) 2770 7239

Fax: (852) 2488 9299

Email: info@fpmtmba.org.hk

Website: www.fpmtmba.org.hk



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Offering nutritional food to 1,000 Sangha under the care of Kopan Monastery

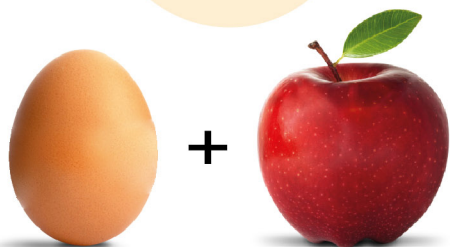


MAHAYANA BUDDHIST ASSOCIATION

A member of the Foundation for the Preservation of the Mahayana Tradition

Promote good health among Sangha

\$2



One Egg + One Apple

Offering per day

$$\begin{array}{c} \text{Egg} \\ \times 1 \end{array} + \begin{array}{c} \text{Apple} \\ \times 1 \end{array} = \text{HK\$2} \quad (\text{for one Sangha})$$

$$\begin{array}{c} \text{Egg} \\ \times 1,000 \end{array} + \begin{array}{c} \text{Apple} \\ \times 1,000 \end{array} = \text{HK\$2,000} \quad (\text{for 1,000 Sangha})$$

In early December, 2013 we participated in Kyabje Lama Zopa Rinpoche's Annual Long life Puja offered by the entire FPMT world-wide Organization plus the South East Asian FPMT Centers Regional Meeting held in Kopan on 10-11 December, 2013.

During that time we have visited on several occasions the kitchen and dining room for the young sanghas and found the meals served to them were very simple, basic local vegetarian diet with not much nutritional value consisting mainly of rice and dal (lentil soup) or fried noodles with little vegetables, and sometimes fried rice with little vegetable and black tea. Breakfast is all the time roti bread with tea. Dinner is most of the time simple noodle soup. With that understanding we thought to organize a fund to provide them three times a week eggs and fruits starting from January, 2014. As the funding increases we will try more days in a week. And it will be infertile eggs we offer.

We have discussed this with the Abbot and the Manager in Kopan and they are very appreciative about our offer and we have sought Rinpoche's approval and advice and here is the request made to Rinpoche and Rinpoche's short reply.

Our request:

Dear Rinpoche,

We would like to seek Rinpoche's approval and blessing about the following request. For the last few years Pemba la has mentioned to me from time to time that the food provided for the general monks and nuns in Kopan Monastery is not that nutritional. So this time when I was in Kopan, I visited Kopan's main kitchen and also talked to the main cook and it seemed to me that a bit more nutritional food could be added especially for those little monks. Most of them should have looked much bigger in size for their age. So we plan to raise some fund and offer eggs and fruits 3 to 4 times per week so that they get energy and maintain good health to study. We have discussed this with Khenrinpoche and the manager and they are happy with the idea and I have told them that I will still have to seek Rinpoche's advice and approval on this. So here we would like to get Rinpoche's blessing and permission if we should begin offering eggs and fruits to Kopan monks and nuns 3 to 4 times a week for a start. I am not sure for how long we can offer but we would like to start and keep it as long as we can.

Love
Esther



Rinpoche's Reply:

Dear Esther

I conveyed to Rinpoche the idea to do extra more nutritional food. Rinpoche was very happy with your offer as you can manage.

Love
Roger

Now we would like to invite all of you to join us in this meaningful and meritorious project together to support the Sangha through offering additional nutritional food to physically equip themselves better to face long and hard days in studies and practices. Thank you so much for your kind offerings and generosity.

Ven. Pemba and Esther